

Preliminary Programme

Shoulder instructional course 2010



Croatian
Orthopaedic and
Traumatology
Association

April 23 - 24, 2010
Zagreb, Croatia



Supported by European
Society for Surgery of the
Shoulder and the Elbow
(SECEC/ESSE)

WELCOME

Shoulder instructional course 2010

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Dear friends and colleagues,

On behalf of the Croatian Orthopaedic and Traumatology Association (COTA) and European Society for Surgery of the Shoulder and the Elbow (SECEC) it is a great pleasure and honor to invite you to the second Shoulder International Course (SIC) which will be held in Zagreb on April 23-24, 2010.

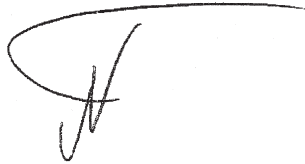
The main goal of this Course is the education of young orthopaedic and traumatology surgeons from all around the Europe, with particular accent on those coming from Central and Eastern European countries. We have worked intensively and in close collaboration with our invited speakers to build up very interesting program with highest quality.

The main subjects that will be covered by this Course are rotator cuff and fracture of the proximal humerus. We strongly believe that the program will give the participants a comprehensive section of the present state of mentioned subjects by covering history taking, clinical examination, imaging, surgical techniques and postoperative rehabilitation. In addition to the program you will be also able to watch live surgery during this Course. On the first day will be arthroscopic rotator cuff, and on the second day the fracture case. During the lunch breaks, participants will have the chance to visit industry workshops. At the end of each day, through the series of case reports the participants will have the opportunity to discuss diagnostics, clinical examination and the choice of surgical procedures.

We hope that you will find time to explore Zagreb and have pleasant time in our city.

On behalf of Organizing Committee I wish you a very warm welcome to the second Shoulder International Course

Nikola Cicak, Course Chairman



ORGANIZING COMMITTEE

Course Chairman

Nikola Cicak | Zagreb, Croatia

Organizing Committee

Dragan Djurdjevic | Croatia, **Hrvoje Klobucar** | Croatia, **Denis Trsek** | Croatia

Scientific Committee

Anders Ekelund | Sweden, **Jaroslav Fabis** | Poland, **Jeno Kiss** | Hungary, **Markus Wambacher** | Austria

Faculty

Nikola Cicak | Croatia, **Anders Ekelund** | Sweden, **Jaroslav Fabis** | Poland, **Christian Gerber** | Switzerland,

Jeno Kiss | Hungary, **Paolo Paladini** | Italy, **Gilles Walch** | France, **Markus Wambacher** | Austria, **Jaap Willems** | Netherland

Congress Secretariat

Conventus Credo

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www.siczagreb.org

ROTATOR CUFF

Friday, April 23

07.00 - 18.00 Registration

08.00 - 09.20 Chairmen:

08.00	P. Paladini	Rotator cuff disease: evaluation and clinical findings
08.20	G. Walch	Rotator cuff disease: Imaging (x-rays, ultrasound, MR)
08.40	G. Walch	Open repair for full-thickness rotator cuff tears: approach, surgical technique,
09.00	C. Gerber	Surgical treatment for massive rotator cuff tears

09.20 - 09.40 Coffee Break

09.40 - 11.00 Chairmen:

09.40	J. Willems	Latisimus dorsi transfer: indication, surgical technique, rehabilitation
10.00	C. Gerber	Isolated and combined subscapularis tear: open surgical techniques, pectoralis major transfer
10.20	P. Paladini	Arthroscopy: set up, portals, visualization,
10.40	J. Fabis	Arthroscopic subacromial decompression with and without cuff tears

11.00 - 13.00 Live Surgery - Akromion Hospital, Krapinske Toplice: Arthroscopic rotator cuff repair

13.00 - 15.00 Lunch/Workshop

15.00 - 17.00 Chairmen:

15.00	J. Willems	Knot tying, suture anchors and suture management
15.20	J. Willems	Arthroscopic treatment for full-thickness rotator cuff tears
15.40	P. Paladini	Arthroscopic treatment for partial-thickness rotator cuff tears
16.00	N. Cicak	Arthroscopic biceps tenotomy or tenodesis with and without cuff lesion
16.20	P. Paladini	Early and late complications of open and arthroscopic cuff repair
16.40	J. Fabis	Postoperative rehabilitation for open and arthroscopic rotator cuff repair

17.00 - 17.20 Coffee Break

17.20 - 18.20 Panel Discussion and Case Presentations

20.00 Dinner

FRACTURES OF PROXIMAL HUMERUS

Saturday, April 24

07.00 - 18.00 Registration

08.00 - 09.20 Chairmen:

08.00	M. Wambacher	Fracture of the proximal humerus: classification, clinical findings, imaging
08.20	M. Wambacher	Non-operative treatment of proximal humerus fractures
08.40	N. Cicak	Isolated tuberosity fractures: indication, surgical technique, rehabilitation
09.00	A. Ekelund	Isolated surgical neck fracture: indication, surgical technique, rehabilitation

09.20 - 09.40 Coffee Break

09.40-11.00 Chairmen:

09.40	J. Kiss	Percutaneous pinning of the proximal humerus fractures
10.00	M. Wambacher	Intramedullary fixation of the proximal humerus fractures
10.20	A. Ekelund	Three- and Four-part fractures and Fracture-dislocations: open reduction and internal fixation with plate and screws
10.40	C. Gerber	Prosthetic replacement for acute proximal humerus fractures: indication, surgical technique, rehabilitation

11.00 - 13.00 Live Surgery - Akromion Hospital, Krapinske Toplice: fracture case (shoulder arthroplasty or open fixation)

13.00 - 15.00 Lunch/Workshop

15.00 - 17.30 Chairmen:

15.00	G. Walch	Complications after surgery for proximal humerus fractures
15.20	J. Kiss	Treatment of malunion and nonunion with no-prosthetic methods (ORIF, osteotomies)
15.40	A. Ekelund	The role for arthroplasty in non-union and malunion of the proximal humerus
16.00	J. Kiss	Management of chronic anterior and posterior dislocations

16.30 - 17.30 Panel Discussion and Case Presentations

Departure

GENERAL INFORMATION

Meeting Venue and Accommodation

Antunovic Zagreb Hotel, Zagrebacka Avenija 100A - www.hotelantunovic.com

Hotel Reservation

Hotel accommodation will be provided in the Antunovic Zagreb Hotel. Participants will benefit from special rates during the Course. Rates are daily per room including buffet breakfast and VAT.

Single room	125,00 EURO
Double room	145,00 EURO

Official Language

The official language is English and no simultaneous interpretation will be provided.

REGISTRATION

Registration Fees

Registration until April 1, 2010	250,00 EURO
On Site Registration	300,00 EURO
Accompanying Persons	50,00 EURO

The Registration Fee includes:

For Participants:

Admission to Lectures, Admission to Live Surgery, Admission to Workshops, Final Programme, Coffee Breaks and Lunches, Dinner

For Accompanying Persons:

Dinner

Important Dates

Deadline for Registration - April 1, 2010.

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