

Shoulder Instructional Course

Final programme

April 23-24, 2010
Zagreb, Croatia

Friday, April 23, 2010

07.00-18.00 Registration

ROTATOR CUFF

08.00-09.20

Chairmen: Paolo Paladini

- 08.00 P. Paladini Rotator cuff disease: evaluation and clinical findings
- 08.20 I. Szabo Rotator cuff disease: Imaging (x-rays, MR), fatty infiltration
- H. Klobucar The role of ultrasound in rotator cuff tears
- 08.40 *J. Kiss* Open repair for full-thickness rotator cuff tears: approach, surgical technique,
- 09.00 N. Cicak Open versus arthroscopic rotator cuff repair

09.20-09-40 Coffee Break

09.40-11.00

Chairmen: Jaap Willems

- 09.40 J. Willems Latisimus dorsi transfer: indication, surgical technique, rehabilitation
- 10.00 M. Wambacher Isolated and combined subscapularis tear: open surgical techniques, pectoralis major transfer
- 10.20 P. Paladini Arthroscopy: set up, portals, visualization,
- 10.40 J. Fabis Arthroscopic subacromial decompression with and without cuff tears

11.00-13.00 Live Surgery from Akromion Hospital, Krapinske Toplice: Arthroscopic rotator cuff repair

13.00-15.00 Lunch/Workshop

15.00-17.00

Chairmen: Nikola Cicak

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| 15.00 | J. Willems | Knot tying, suture anchors and suture management |
| 15.20 | J. Willems | Arthroscopic treatment for full-thickness rotator cuff tears |
| 15.40 | P. Paladini | Arthroscopic treatment for partial-thickness rotator cuff tears |
| 16.00 | I. Szabo | Arthroscopic biceps tenotomy or tenodesis with cuff lesion |
| 16.20 | P. Paladini | Early and late complications of open and arthroscopic cuff repair |
| 16.40 | J. Fabis | Postoperative rehabilitation for open and arthroscopic rotator cuff repair |

17.00-17.20 Coffee Break

17.20-18.20 Panel Discussion and Case Presentations

Saturday, April 24, 2010

07.00-18.00 Registration

FRACTURES OF PROXIMAL HUMERUS

08.00-09.20

Chairmen: Jenő Kiss

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| 08.00 | M. Wambacher | Fracture of the proximal humerus: classification, clinical findings, imaging |
| 08.20 | M. Wambacher | Non-operative treatment of proximal humerus fractures |
| 08.40 | N. Cicak | Isolated tuberosity fractures: indication, surgical technique, rehabilitation |
| 09.00 | A. Ekelund | Isolated surgical neck fracture: indication, surgical technique, rehabilitation |

09.20-09.40 Coffee Break

09.40-11.00

Chairmen: Markus Wambacher

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| 09.40 | J. Kiss | Percutaneous pinning of the proximal humerus fractures |
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10.00	D. Djurdjevic	Intramedullary fixation of the proximal humerus fractures
10.20	A. Ekelund	Three- and Four-part fractures and Fracture-dislocations: open reduction and internal fixation with plate and screws
10.40	I. Szabo	Prosthetic replacement for acute proximal humerus fractures: indication, surgical technique, rehabilitation
11.00-13.00		Live Surgery from Akromion Hospital, Krapinske Toplice: fracture case (shoulder arthroplasty or open fixation)
13.00-15.00		Lunch/Workshop
<u>15.00-17.30</u>		Chairmen: Anders Ekelund
15.00	N. Cicak	Complications after surgery for proximal humerus fractures
15.20	J. Kiss	Treatment of malunion and nonunion with non-prosthetic methods (ORIF, osteotomies)
15.40	A. Ekelund	The role for arthroplasty in non-union and malunion of the proximal humerus
16.00	N. Cicak	Management of chronic anterior and posterior dislocations
16.30-17.30		Panel Discussion and Case Presentations

Departure